

"KID" Needs: Everything From Love to Money!

Become a Docent!

Ellen Ferrelli, Education Director of the Ft. Lauderdale History Center, wants YOU! Retired educators are perfect candidates to be docents at the History Center. Call her at 954-463-4431 if you'd like to volunteer.



"Everything is needed at Kids in Distress," says former "kindy-garten" teacher **Cindi Elias**, "from loving care to money." Their 2 biggest needs are kids' sneakers and porta-crib sheets. They don't want worn-out things - and don't accept things you wouldn't give to your own kids or grandchildren. They do appreciate the "blankies and pillows" that BCREA members have donated for several years and they are always in need of school supplies. A \$25 donation



buys a school uniform! They have helped 6 -7,000 kids in the past year in one way

or another. They deal with such problems as kids who have arrived with cigarette burns on their bodies; kids who save part of their breakfast because they aren't sure if they will get any more food; 4-year-olds who arrive not

knowing their numbers or colors; and one of the worst cases was that of a 10-year-old who gave birth. She didn't even know she was pregnant! There are success stories too! One of their former kids is now a Harvard graduate! On the KID campus in Wilton Manor there is now a dental clinic and an optometry clinic that accept Medicaid. And they have a pre-school that is open to the public - hence their name change to the acronym "KID." To learn all about KID, go to <http://www.kidinc.org>.

Darcy Drago Is Volunteer of the Year



tory for the past 12 years. In addition to her involvement with BCREA she is active in the American Legion Auxiliary. She has served on their Executive Board and has chaired the Americanism Committee for the past 3 years. She also works with nine area schools recruiting and selecting candidates for Girls' State, a week-long mock State government program in Tallahassee where the girls earn both high school and college credit. In 2012 she was named a Broward County Pioneer. BCREA wishes her well in competition for District 10 Volunteer of the Year.

Past-President **Darcy Drago** has been a member of BCREA for the past 17 years. Following her term as president, she served as FREA District 10 Director and has served as Volunteer Service chair for the past 7 years. She has compiled and published the BCREA Direc-

April 4 Meeting

Time: 11:45

Place: Deicke Auditorium

Address: 5701 Cypress Road
Plantation

(1 block off Broward at Royal Palm)

Program: **Tiffany Panciera**

"Aging Is a Privilege"



Passover:



3/25 - 4/03

Easter - 3/31



Bring to meeting:

Dish to share
\$10.00 for FREF raffle ticket
Supplies for Humane Society
Blankies & Pillows
Campbells labels
Aluminum pull-tabs
General Mills labels
Coupons for our troops
Old eyeglasses & Cellphones
Plastic bottle caps all kinds

President's Corner

The April meeting will be our last this year at Deicke due to renovations of the facility. In May we will meet at Covenant Village.

The state convention for Florida Retired Educators will be held in Jacksonville starting on May 29th. There is a "general store"

where gently used items are sold to help fund the state scholarship program. There is a Chinese auction where we as a group are asked to bring an item worth at least \$25.00. If anyone would like to bring items to the April or May meeting please bring them to **Diane Texter** or to me. We will see that the items get to Jacksonville.

We were all appalled to learn at the March meeting that so many children in this area are in need of help from "Kids in Distress" - now known simply as "KID." We need to look into this form of volunteering to see what we can do to help alleviate this situation. Most of us have worked with children in some form. We know that when they are damaged in childhood it is very difficult for them to become self-sustaining and stable adults. Let's put our experience to use here and try in any way we can to help out - maybe even teaching a child to sew or draw, anything that would give them an inch up from where they are.

I look forward to seeing you next month with all that goooooood food. Love ya, *Margarette*



President-Elect's Corner

Tiffany Panciera promised me that her presentation in April would be a lot of fun! She works in a funeral home so I wonder what she has up her sleeve. Her theme is, "Aging is a privilege. Be part of it." I think every one of us already is! She will be the last speaker for the year. I hope she keeps her promise.

See you in April.

Diane



Social Committee

Chairman: **Sallie Sherwood**

954-629-3712 matildatwo@aol.com



Once again everyone has outdone themselves with all of the delicious goodies for the table.

This time a **lime green Pyrex container** was left on the table and you will be able to pick it up at the next meeting. Remember that we are able to provide serving utensils, so you will not have to bring anything except for a bag to take your dish home.

If you have any food items which need to be kept warm, please advise someone on the Social Committee so they can place your container in the warming oven. Because of your generosity, whether it be food, liquid refreshments or donations, there is always enough for us to share and enjoy lunch with one another.

See you in April.

Sallie

2013- 2014 Officers Elected

At the March meeting, the following officers were elected for 2013-2014 club year:



L to R - New BCREA president is **Diane Texter**; **Echo Heyer** is the new president-elect; **Josephine Walker** will serve as secretary for the third year; and **Marelise LeClerc** will serve as treasurer for the 4th year. They will be installed at the May meeting.

Cultural Affairs

Chairman: **Carol Roland**

954-472-2389 CAROLRBEADS@aol.com



Trip to Ringling Museum, Sarasota

Approximately 12 members have expressed an interest in taking a day trip to Sarasota's Ringling Museum. While we couldn't afford to take a charter bus, a few members driving would make the trip affordable. The date is flexible, but suggested dates are to go either the first week of June or the first week of October.

Are YOU interested? If so, please contact me.

Please include suggested dates, and whether you would be willing to drive. Let's make the deadline for responding April 15.

Carol

Community Service

Chairman: Darcia Drago
954-977-7247 dardra@att.net



At our April meeting we will collect supplies for the Florida Humane Society. FHS is a non-profit, no kill animal rescue group that is certified by the State of Florida and by FEMA. They place approximately 2800 dogs and cats annually and spay/neuter over 3500 animals per year. The following items are included on their "wish list": dog or puppy, canned Pedigree, canned cat food (not in gravy), clumping

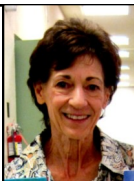
cat litter, fish oil capsules, paper towels, 13 gallon garbage bags, laundry detergent, liquid Clorox bleach, latex gloves, Fabuloso cleaner, postage stamps, copy paper and 9 volt batteries..

Thanks to those of you who donated lip balm to our troops in Afghanistan. If you forgot to bring yours last month, we are extending our collection through April.

Darcy

Literacy

Chairman: Sandy Lefkowitz
954-473-9480 Slef123@bellsouth.net



Congratulations to our 5th Grade Literacy Essay winner, **Kelvin Ramirez** from **Central Park Elementary School**. Kelvin has written an inspiring essay about his experience with his grandparents in Puerto Rico, valuing the limited times he has been able to share with them. It is rewarding to see fifth graders participate in a writing contest and it's not too early to spread the word for 2014, to develop interest and to share the annual Florida "Retired Educators Margaret Poppell Fifth Grade Essay Contest" with your school friends.

Thanks to you, BCREA was able to donate over 500

books to Kids in Distress. Each family or guardian who visits Kids in Distress will leave with a book, spreading literacy to the next generation. Many of the books will be on the library shelves in the Kids in Distress facility. This warms my heart and it could only be done because of our BCREA members' generosity. The Literacy Committee would also like to thank **Bev Hoppe** for helping me deliver the books, and to **Nob Hill Elementary Student Council** for supporting a school-wide book drive. A huge thanks to all,

Sandy

Health & I+PS

Chairman: Kathlyn Barno
954-581-4731 BB9214@aol.com



Well, I am back. Last month I had to have a surgical repair job. All is well now and I am back in the saddle. Thank you for all of your prayers and your good wishes.

This time of the year we are concerned with rebirth and renewal. Sometimes we get busy with our cleaning chores and especially our tax preparation we sort of neglect ourselves. This is a great mistake. I came across this one-day guide to practice in order to keep yourself in shape during this busy time

1. Rise and stretch.

Stretches get your blood flowing, lengthens muscles and make it easier to stay active.

2. Eat a balanced

breakfast, not just a cup of coffee and a doughnut. "Breakfast eaters are less likely to be obese than those who skip breakfast," reports *Global Action on*

Aging.

3. Eat healthy snacks to curb cravings. Snacking on fruits and vegetables can fend off diseases like cancer and diabetes, heart disease and strokes.

4. Take a lunch break.

A study published by *BMJ*, an online medical journal, estimated that cutting total sitting time to less than three hours a day can add as much as two years to your life.

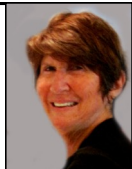
5. Finally, get some vitamin D. We have an abundance of that. Don't let it go to waste. Enjoy these beautiful days we are having by getting into the outdoors and enjoying the beauty of nature. How lucky we are to be able to live in such a wonderful place.

Enjoy your springtime and all the goodies it brings into your life. Take time to smell the roses. See you next time.

Kathlyn

FREA Tours

Arline Ziller, FREA Travel Coordinator
969 SE 6 Terrace Pompano Beach, FL
Home: 954-781-4445 Email: arlinez@juno.com



***PRAGUE TO PARIS, 2013, August or September**
12-Day Central European Experience. Features Metz, Remich, Trier, Bernkastel, Cochem, Rhine Gorge, Rudesheim, Miltenberg, Wurzburg, Bamberg, & start in Paris or Prague. I have a brochure on-line & am looking forward to being with you on this great land and river tour. Avalon River Cruise, August or September

To see a complete list of available travel go to

<http://www.frea.org/travel.html>

Arline Z

Membership

954-525-8503

slochrie@bellsouth.net

Chairman: Susan Lochrie



PAY DUES FOR 2013-2014

\$50.00 is the amount for local and state dues. BCREA sends your state dues of \$35.00 to FREA. BCREA is the Broward County Unit of the Florida Retired Educators Association. You will receive a membership card from the FREA and your name will be on the Broward County Retired Educators' mailing list and listed in the BCREA Directory. The Florida Retired Education Association is a statewide organization, which represents our interests and benefits as retirees to the state Legislature. Website:

<http://frea.org>

Please invite your retired friends to come to the meetings or send me their names and I will send them membership information. *Susan*

BROWARD COUNTY RETIRED EDUCATORS ASSOCIATION MEMBERSHIP APPLICATION

Name _____ Date of Birth _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-Mail _____

Date Retired _____ Retired From _____

Position _____

Dues:\$50.00; Donation for Scholarships: _____

Total Enclosed: _____

Please make check payable to BCREA and mail to

Susan Lochrie, BCREA Membership
P.O. Box 30533
Fort Lauderdale, FL 33303

Passages



*Happy Birthday to our
Birthday Club*

(members over 85!)

Anna Tarullo 4/08

Gwen Thompson 4/10

Georgia MacVean 4/15



Thinking of You....

Bruce Arnold

Michael Kogan



In Memoriam

Agnes Schnierer 3/2/2013

FREF Extravaganza Tickets - Only \$10.00

Buy your tickets now for a
Chance to WIN:

Grand Prize

I PAD III (value \$700)

1st Place

Kindle Fire (value \$200)

2nd Place

Kindle Fire (Value \$200)

3rd Place

\$200 Cash

4th Place

\$100 Cash

Donations help to provide scholarships for students planning to major in education. Buy Tickets at the next meeting or call **Carol Roland 954-472-2389** or **Ann French 954-561-1719** to order.

Nova Singers Present

**ELECTIC
Requiem**

\$10.00 / \$5.00 / under 5 Free



3/15/13 - 8 :15pm Plantation United Methodist Church

3/17/13 - 4 pm Church of the Palms (Delray Beach)

3/19/13 - 7:30 pm Christ Church

Call Marelise LeClerc - 954-962-7343

So glad to have **Kathlyn Barno** back after her carotid artery surgery - the day after the last meeting! Also, good to see **Michael Kogan** - after 5 1/2 months of suffering from shingles - which he got AFTER getting the shingles vaccine! Hospitality Chairman **Martha Pipes** reported 63 attendees at the March meeting. Winners in the Scholarship Raffle were **Carol Roland** (\$20),

Bev's Bytes.....



arrangement contributed by **Carol Roland**; and **Evelyn**



Morris and Janet Vandivort won piggy



banks! **Ellen Ferrelli**, Education Director of the Ft. Lauderdale History Center actually won twice - and returned her winnings to the Scholarship Fund. Thanks, Ellen! **Arline Ziller** will soon be off on a transatlantic cruise with a couple of fellow members!

Agnes Schnierer, one of our Lifetime Members, passed away on March 2, 2013. She was 92 years old.

If you have any news about members - near or far away - please let me know.

Happy Passover, Happy Easter, Happy Spring!

Bev



Anne French (\$10).



Ellen Ferrelli (\$20) and



Adelia Jones



and **I (Bev Hoppe)** each won a flower

BCREA VOLUNTEER REPORTING FORM

Name _____
(Please Print)

Month _____, 20____

Volunteer hours working with adults _____
(persons who are non-family members;
this also includes literacy hours)

Volunteer hours working with youth _____
(Persons 25 years of age or younger;
This also includes literacy hours)

GRAND TOTAL: _____

Bring this to our next meeting, e-mail it to me at dardra@att.net or mail it to me at:

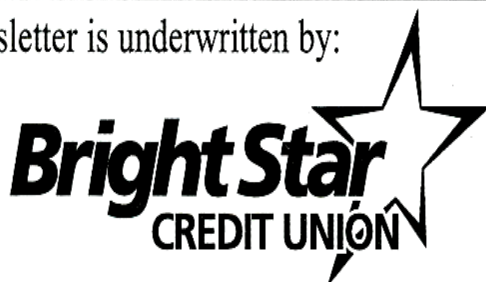
Darcia Drago
4346 Carambola Circle North
Coconut Creek, FL 33066



Doris Cotnoir has a new project for us. A doctor at a hospital in Miami is willing to pay 5 cents for every cap collected. The money goes to pay for chemo

treatments for children in need, **Any PLASTIC cap** is acceptable from water bottles to laundry detergent! Doris will collect them at meetings.

The cost of the BCREA Newsletter is underwritten by:



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Serving Broward Educators Since 1946

BCREA NEWSLETTER

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PERMIT NO. 409

**- DATED MATERIAL -
PLEASE DO NOT DELAY**



**Seen at the
meeting - and the
theater!**

From the Treasurer

Marelise LeClerc

954-962-7343

Flsun1@comcast.net



As we begin paying our dues for the 2013-2014, I would hope you consider donating something extra for our scholarship program. In the past, members have been urged to donate even \$5 extra, and so many of you have done that - and many have donated much more. Please do not forget the local scholarship endeavors this year. We hope to award four \$1000 Scholarships

this May to high school seniors going into education. Also, this is the first year we will continue with scholarships given last year as long as students remain in the school of education and are achieving success. We look forward to mentoring our future teachers, fiscally and through guidance and motivation. This is a primary goal of our local chapter. Thank you for your generosity.

Marelise



Scholarship Donations

Donor

**Bruce Arnold
Susan Lochrie
Nancy Ruiz**

In Memory Of

**Don Roberts
Agnes Schnierer
Sara Essig**

Unspecified Donations

Carol Roland