

Maines Shares Startling Facts on Opioid Epidemic!

"Even though drug addicts see their friends dying from overdoses," says BSO's Substance Abuse and Research Manager **Don Maines**. "They think it won't happen to them. I used to think the crack epidemic was the worst thing ever," says Maines. "With crack a person might lose his job and other such things; but taking the synthetic drugs of today - Flacca, Fetynel and others - is a death sentence. One of the newer drugs is Carfen-

tanil, an elephant tranquilizer that is 10,000 times stronger than morphine. It's being combined with heroin to produce a drug so powerful that 2 flakes of it caused an overdose in a policeman who simply flicked it off someone's jacket. Three dogs overdosed merely by putting their paws on a cof-



fee table where the drug had previously been. In Broward County last year there were 582 deaths from overdoses; this year they expect the toll to top 1000. All patrol cars now include a supply of Narcan which reverses an overdose. There are approximately 17 overdoses each day in Broward and the cost of the Narcan is bankrupting towns!. Some ad-

dicts are overdosing 4 times a day! The drugs are now hitting schools but principals don't want anyone to know. The BSO has created a Power Point presentation for high schools but had to approach PTA's to get it into schools. Even though Maines spoke rapidly and imparted a multitude of frightening facts, time ran out long before his wealth of information. If you want to chat with him to learn more, call him at 954-309-6957.

Important Upcoming Dates!

December 7 Meeting

Time: 11:45 am

Place: Deicke Auditorium

5701 Cypress Road, Plantation
(1 block off Broward at Royal Palm)

Program: Walker Elementary School Chorus

December 14: Board Meeting, 11:30 am
Bev Hoppe's home

Bring to meeting:

Potluck Dish to Share

Books for Literacy

Labels for Education

Aluminum pull-tabs

Coupons for our troops

Cell Phones

Eyeglasses

December 12: Happy Hanukkah

December 25: Merry Christmas

December 26: Happy Kwanzaa

BCREA Hosts District 10 Workshop



Save the Date

Annual Scholarship Luncheon

Thursday, February 1, 2018, 11:30 am

Tropical Acres Restaurant, 2500 Griffin Road

Tickets will be sold at the

December and January meetings or

Order them by mail with the coupon on Page 6.

President's Corner

My grandmother once told me that as you get older time flies by much faster. I don't



know if that's true, I think it defies the laws of physics, but it certainly

feels that way to me now! I just can't believe that the holiday season is nearly here.

Wait a minute: I hear Christmas music on Sirius Radio, see holiday movies on at least 4 stations and every store is already displaying Everything Christmas. OK, I accept it, the holiday season is here.

So, while you are preparing for celebrations with your family and friends, I ask you to take a few minutes to think about one of the major purpose of BCREA: promoting member well-being through socialization."

The primary way we do this is thorough our monthly BCREA meetings. While I am heartened by the increased number of members who have attended our first two meetings this year, I recognize that many more members have not attended. Do you know any of these members who you can call and personally invite to join you? Or, are you a member and not attending meetings? Do you know any retired educators who are not members? Our December meeting is a perfect time to invite them to join you since students from Walker Elementary will be entertaining us. And who doesn't have a warm feeling when the children start singing? Of course, by December 7, we'll really feel the holiday season is here. Hope to see you in December with at least one other retired educator.



Carol



From the President-Elect

The Yuletide Season with its many celebrations is the most cherished season of the year. With its holiday lights, decorated trees, and shoppers rushing in malls with the wish lists of family and friends, the spirit of Christmas is everywhere. However, nothing expresses this season more than its music which punctuates the airwaves long before December arrives.

The music and melodies of the holidays, captured in all genres, brings to mind the fond memories of our yester-years. We relive those precious years each time we are reminded of them through our own children and grandchildren during this special time of the year. We are reminded of them through the voices of children singing in choirs and sometimes moving to the rhythm of favorite and classic tunes.

Our guests for December are from Walker Elementary School of the Arts. These young, talented music students will blend their voices to bring us more memories, including those of our years in academia. May our spirit of Peace and Goodwill be uplifted as we celebrate through their Melodies of the Holidays.



Lillian



Membership...

Chairman: Susan Lochrie
954-525-8503 or slochrie@bellsouth.net



Our meetings and pot luck luncheons are a good way to stay in touch with retired friends. Thank you to those who bring prospective members to a meeting who then join BCREA. To join or renew membership you may go onto the website <http://browardrea.org> to download a membership form or contact me by phone or email.

We have 25 new members in all so far. Our newest members, who have joined since the last Newsletter but didn't come to the meeting: **Welcome New Members:**

Mary Alt Cynthia Contract Linda Joseph
Penny Nurnberg Lorilee Pearl Janice Rosche
Michael Sutton Antonio Womack

BCREA Officers...

President Carol Roland 954-472-2389	Secretary Josephine Walker 954-742-2430
President-Elect Lillian Small 954-288-9211	Treasurer Marelise LeClerc 954-962-7343

Information Services

Chairman: Kathlyn Barno
954-581-4731 BB9214@aol.com



Busy with Christmas shopping? Going on a trip to visit family or friends for the holidays? Or are you just riding to enjoy our beautiful winter weather and beaches? No matter what it is, it all could entail driving and you might be the designated driver. So are the millions of people who come home to spend the winter in our territory. During all of our driving trips we need to be extra careful. Remember there are a lot of people who won't know exactly where they are going or who are not familiar with our streets. And then there are the nuts who think every road is a race track.

Here are some tips as stated in the Met Life newsletter "Life Advice." Check these out as a refresher to help you be aware of some safety

measures.
*Taking a Driver Safety Course through AARP is a good review of driving laws. It also helps to reduce your insurance. *Always wear your seat belt. *Plan your route ahead of time and find the safest route. *Stick to familiar roads if possible. *Avoid distractions including eating, talking on the telephone and never text and drive. *Stay in your own lane and obey all laws pertaining to driving and parking. *Keep your car in good working condition. *Be careful and have a safe and wonderful holiday season. May the New Year bring you blessings and happiness!

Kathlyn

Welcome New Members



Suzanne Atkins



Chris Hines



Ena Daley & Maria Hanrahan



Passages



Happy Birthday to our Birthday Club (members over 85!)

Jean Funk 12/18
Alzora Simmons 12/18
Panchitta Chisholm 12/19
Caroline Hooper 12/20
Lillian Hearn 12/20
Toni Merton 12/20
Rosetta Watkins 12/22
Doris Emmett 12/26



Shirley Ernst & Arline Ziller



In Memoriam
Ruth VanDerWalt
11/8/2016

Social Committee

Chairman: Sallie Sherwood
954-629-3712 matildatwo@aol.com



Our November luncheon was a very nice way to begin the holiday season. It is always enjoyable to see familiar faces, share information and enjoy a meal together. Even though many of us think of November as a time to share with family and friends, I am here to remind you of a few other occurrences during the month of November which is also known as "National Peanut Butter

Month." Yes, during this month when we traditionally "Give Thanks" we also are encouraged to have some peanut butter! And on November 30th we should just stay at home and celebrate "Stay At Home Because You Are Well Day!" Thank you to everyone who brought to the table the tasty dishes to be shared and thank you to those who were willing to take home some leftovers so we did not

have to dispose of any food items. Please check the tables as you are leaving so we do not have any lost or found items and remember that you do not have to bring in any serve ware unless you have a specialty item to be served.

Wishing everyone a very happy and safe Thanksgiving and know that National Parfait Day is on the 25th! Have a wonderful upcoming holiday season. Sallie



If you are not receiving the Newsletter and meeting notices by email, please let me know. For some reason, when I add names to my group list, they are going into my General Contacts list. AOL is making changes to avoid hacking and this is one of the casualties.

HapiHopi@aol.com
Or
954-587-9275

Bev

Bev's Bytes...



We had a surprise awaiting us at Deicke Auditorium at the November meeting - our meeting room had been cut in half! Due to an error, the room was allocated to the Plantation Art Guild at the same time as our meeting. Because they had already sent out notices to their members before the error was discovered, the room divider was pulled across and both groups worked with half the room! It was nice to see **Byron Langenfass** and **Lois Rhodes** at the meeting. We missed **Shirley Ernst**, **Martha Pipes**, **Ilene Miller**, and **Pat Schroeder** who has relocated to Nevada to be near her son. We're still missing **Arline Ziller** too. I never did find out how many were in attendance! Winners of the



Scholarship Fundraiser were **Diane Texter**, \$20; and \$10 each to **Carol Roland** and **Diane Raymond**.



Flowers were won by **LuAnn Comes** and **Carol Roland**! LuAnn also was the winner of the Volunteer Hours drawing! Both she and Carol were twice lucky! **Sallie**

Sherwood created the really cute autumnal centerpieces at the meeting. She and her social committee get 2 thumbs up for the great job they do getting the luncheon organized!

District 10 Director **Germaine Richards** visited the November meeting. As part of her responsibilities she visits each club in the district twice. She spoke briefly about



the need to increase club membership as overall state membership is down. She encouraged members to report their volunteer hours and reminded everyone that attendance at other meetings counts. And that's the last byte for December.

Bev

From the Treasurer



Marelise LeClerc
954-962-7343 Flsun1@comcast.net

The holidays will soon be here. It is the time for giving. Please remember our Scholarship Fund as you consider your charities this season. Because of the generosity of our members and others, we were able to give nine scholarships this past year. Even for us, that is a record. We have always sponsored more scholarships than any district in the state, but this past year, we outdid ourselves. YOU, the members, made that happen. Thank you for your consideration during this time of giving. If you want to give In Honor Of or In Memory Of, please state that on your check. You can mail the check directly to me, made out to BCREA. Happy Holidays!

Marelise

Scholarship Donations

Donor Susan Lochrie	In Memory Of Keith Wilson
Undesignated Donations	
Marjorie Gregg	Janice Roche



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Friendship

Chairman: Marsy Smith
954-962-6433 smithmarsy@aol.com



It was great seeing everyone at our November meeting! Thank you to those who brought greeting cards and to **Diane Texter** who served as greeter at the meeting. We still need greeters for the December through May meetings. If

you are interested, please contact me. You will also find the yellow greeter sign-up sheet on the check-in table at each of our meetings. I hope you have a great Thanksgiving. See you in December! *Marsy*

Literacy

Chairman: Sandy Lefkowitz
954-473-9480 Slef123@bellsouth.net



A big thank you to everyone who donated children's books in November. Our book box was full of wonderful, exciting books. But there can never be too many books! Our goal is to develop a love for reading and what better way than to provide children with their very own book. Please bring new or gently used books to our meetings.

When you prepare for the December holidays, here's an idea the Literacy Committee would like to share. As the winter holidays approach, we often stop and take time to reflect and give thanks. Many of our relatives are able to provide books for their children and thankfully, their children are readers. As the children grow and outgrow their books, ask your relatives to please pass the books



along. A secondhand book" can bring a smile to some child's face, heart, and mind.

Don't forget the Fifth Grade Essay Contest. Let's encourage fifth graders to write more than text messages! Margaret Poppell, a long-time advocate for literacy, began a writing contest for fifth graders. Any Broward County fifth grader may enter the contest by submitting an essay of 500 words or less about an experience with a grandparent or grandparent figure. The essay may be an individual task or a class assignment. The essays must be submitted by February 8, 2018. You can find complete directions on our web page. If you would like more information emailed to you please, please contact me. 954-557-5817. Please spread the news to schools and invite fifth graders to participate.

Sandy

FREF

Chairman: Anne French
954-561-1719 Afrench@hotmail.com



FREF Extravaganza Tickets - Only \$10.00

Buy your tickets **NOW** for a Chance to WIN:

- \$500 Cash - 1st Prize
- \$300 Cash - 2nd Prize
- \$200 Cash - 3rd Prize

\$100 Cash - Guaranteed Prize to a winner in District 10: Dade, Broward or Palm Beach.

Donations are used to fund scholarships for future Florida teachers. Buy Tickets at the meeting or by filling out the form below and send with a check to:

Anne French
1017 NE 28 Drive
Wilton Manors, FL 33334

Make your check payable to FREF (Florida Retired Educators Foundation).

Name _____

Street _____

City, State, Zip _____

Phone _____

Email _____

Community Service / Handbook

Chairman: Darcia Drago
954-977-7247 dardra@att.net



Thank you for your generous donation of beef jerky for our troops overseas. No group project in the month of December but in January we will collect school supplies for the Broward Education Foundation. Please continue to report your volunteer hours at each of our meetings.

Travel and prep time should be included in your totals. Assisting any organization or non-relative qualifies as community service.

Happy holidays and health and happiness to you and your family in 2018!

Darcia

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 PLEASE DO NOT DELAY**



November Scenes

Scholarship Luncheon Ticket Order Form

Number of tickets: _____ @\$35.00 each
 Extra Donation: _____

Entrée choices: Prime Rib of Beef
 Chicken
 Fish

Name	Entrée Choice
_____	_____
_____	_____
_____	_____

Send a check made out to BCREA
Include a Self-addressed, stamped envelope
 to
 Diane Texter
 742 NW 69 Terrace
 Margate, FL 33063

BCREA VOLUNTEER REPORTING FORM

Name _____
 (Please Print)

Month _____, 20____

Volunteer hours working with adults _____
 (persons who are non-family members;
 this also includes literacy hours)

Volunteer hours working with youth _____
 (Persons 25 years of age or younger;
 This also includes literacy hours)

Bring this to our next meeting, e-mail it to me at
dardra@att.net or mail it to me at:
 Darcia Drago
 4346 Carambola Circle North
 Coconut Creek, FL 33066