

## Jeanine Kinsey, Truly a Renaissance Woman!

Toastmasters International is an organization with 280,000 members in 13,500 clubs in 116 countries! In this area, there are 75 groups within 25 miles from Palm Beach County to Dade! Helping members learn to communicate more effectively is the first goal of the group. Everyone begins with the "Competent Communicator Manual," a series of 10 self-paced speaking assignments designed to instill a basic foundation in public speaking. To learn more about it, go to <http://www.toastmasters.org/>

"There are no failures in Toastmasters," says **Jeanine Kinsey**, speaker at the January meeting. Even the person who fainted during her first presentation was not scorned;



"You'll do better next time," she was told. As part of her presentation, she asked for a volunteer to "share a Toastmaster

moment." Joan Krueger volunteered and related a story about her difficulty in doing the Scrabble-type puzzles in the daily paper.

According to her club website, Jeanine has been a member of the **Outspoken Toastmasters Club** since August, 2006. She has served in several club and district officer roles including District Treasurer, Con-



ference Chair, Division Governor and currently District Webmaster. She is a consultant and speaker and enjoys sharing her stories of living "Blind Sighted" with her audiences. Diagnosed as totally blind at the age of 3 days, she amazed her doctor when her parents took her back for a re-evaluation at the age of 10 months. Disbelieving, he was left alone with the baby for a few minutes and quickly realized that she could indeed see! In spite of the doctor's protests that "babies

Cont' on page 3

### February 7 Meeting

**Time:** 11:30 am

**Place:** Tropical Acres Restaurant  
**Address:** 2500 Griffin Road  
 (1/2 mile west of I-95)  
 954-761-1744

**Program:**  
 Annual Scholarship Luncheon  
**Speaker:** Corey Wilson, Parkway MS

**On the Agenda:**  
 Nominating Committee Report

### Bring to meeting:

- Door Prize for Luncheon
- Blankies 'n Pillows
- Campbells labels
- Aluminum pull-tabs
- General Mills labels
- Coupons for our troops



### Board Members Enjoy Celebration!

Pictured below are the BCREA Board members and friends who gathered at **Arline Ziller's** home on December 18 for their annual holiday meeting. They enjoyed lunch and had a Chinese-auction style gift exchange! **Front:** Margarite Falconer, Charles Pipes, Diane Texter, Pat Schroder, Barbara Morningstar, Mel Wenig, Linda Horton & Bev Hoppe. **Rear:** Rosetta Watkins, Martha Pipes, Nancy Adams, Josephine Walker, Olinda Marti-Volkoff, Will Hoppe, Kathryn Barno, Frances Smoot, Anne French, & Arline Ziller.



## President's Corner

Hi Everyone,

I hope you all are as excited as I am about our Scholarship Luncheon. On February 7 we're not only going to eat "good" but have a lot of fun. The prizes are always wonderful. Thanks to all of you, the prize tables are loaded with goodies. Don't hesitate to ask the people you do business with if they would like to help us out. ALL the proceeds go into the Scholarship Fund.

**Bright Star Credit Union** underwrites many of our expenses so that we are free to give away what we make. Bright Star does the table centerpieces and many prizes. **Marjuree Larin** is our rep there and she is doing a great job for us.

Please call or email **Diane Texter** for Luncheon Tickets. They are \$25.00. You may use the order form on page 5. If you want her to send them to you, include a self-addressed, stamped envelope. Her deadline is January 25 so get out that checkbook - now.

The weather has been so beautiful; I hope you all are enjoying living in Paradise.

Love to you all,

*Margarite*



## President' Elect's Corner

BCREA's February 7th Scholarship Luncheon is moving back to Tropical Acres. If you have not ordered your ticket be sure to do so by

**January 25th.**

At this annual luncheon, we can have cocktails, eat a delicious meal, visit with old friends, remember those who have passed, win wonderful prizes, and meet a young speaker named **Corey Wilson**. Corey began kindergarten in Deerfield Beach Elementary and kept on going until he is now **Assistant Principal at Parkway Middle School**. He will share stories of people and events that have influenced his life. Many of these involved teachers in Broward County Public Schools. Then we can share with him some stories of how wonderful his life can be when he is eligible to become a member of BCREA!



*Diane*



## Volunteer Services/ Directories

Chairman: Darcia Drago  
954-977-7247 dardra@att.net



Thanks for starting off the new year and second semester with your donated school supplies to the Broward Education Foundation. The Foundation is a valuable resource for the County's Title I teachers. Please turn in any unreported volunteer service hours at the February Schol-

arship Luncheon since our report is due to FREA in March. (Travel time may be counted in your community service hours.)

### Directory

The 2012-13 Directories will also be distributed at the February luncheon.

*Darcy*



## Peach-Pineapple Jello Mold Nancy Howell

Here is one of the recipes that will be in our Potluck Cookbook.

**Nancy** has gotten rave reviews for this recipe which she shares here, but adds, "Take to any gathering EXCEPT BCREA! I bring it myself!!"

### Ingredients:

- 1 large can crushed pineapple in juice(15 - 20 oz)
- 2 3-ounce packages peach Jello
- 2 8-ounce tubs of Cool Whip (thawed overnight in fridge) (Remove from fridge before you heat pineapple - it's easier to whisk when soft.)
- 2 cups of buttermilk

### Directions:

- Heat pineapple until it begins to bubble; remove from heat.
- Stir in Jello powder.
- Cool to room temperature.
- Add buttermilk
- Whisk in Cool Whip until smooth.
- Pour into serving container and refrigerate overnight.
- Enjoy!

## Information Services

Chairman: Kathlyn Barno  
954-581-4731 BB9214@aol.com



Ah, February, the month of love!

Let's not forget the vessel that holds all that love - your most important heart. If it is not working properly it interferes with love. Be good to it.

This is American Heart Month and a good time to pay especial attention to your heart. One of the first ways to help prevent heart disease is by physical activity. Besides strengthening the heart, exercise can reduce risk factors such as stress and high cholesterol. The American Heart Association recommends 150 minutes of exercise weekly, or five 30 minute sessions. According to a medical school professor at Harvard, the amount of time you work out is more important than how hard you push yourself. So get moving!

Too much sitting is not good. You should do something to move your body every hour. Aim for at least two minutes of movement and take 10 minute walking breaks every day. Weight bearing exercises have been shown to help prevent diabetes, a heart disease risk factor. A 2010 study found that yoga can help keep heart rates steady and healthy. The use of dumbbells further increases the benefits to the heart. A weekly serving of salmon or mackerel may cut your risk of death from a heart attack. Beware of adding too much fat and to your diet. Plan your meals to include lots leafy green vegetables and fruit. Your heart has to last a long time and has to give much love.

Happy Valentine to everyone.

*Kathlyn*

## Jeanine, Cont' from Pg 1

can't wear glasses," the iron will of her mother prevailed and Jeanine had glasses before she was one! To this day, doctors still cannot fathom how she can see, but she does have limited vision though she is legally blind. She has a great story which she shares about the telescopic lens attached to her glasses: when she was an aide at an elementary school, she didn't understand why the kids behaved so well for her - until she discovered they thought she had a video camera in her specs and was recording their every move!

Not only has she been a teacher's aide, she's the mother of 2 children, a Boy Scout Leader, has hiked in Switzerland and has done rappelling! She has learned how to take advantage of her many abilities - and not to focus on her one disability.

## Passages



*Happy Birthday to our  
Birthday Club  
(members over 85!)*

*Evelyn Morris 2/07  
Lois Springer 2/13  
Joseph Vargo 2/13  
Ruby Huff 2/16  
Barbara Rhone 2/17  
Eleanor Meyer 2/22  
Faye Mullarkey 2/24*



*Thinking of You....  
Ruby Huff*



*In Memoriam*

*John Holt Jr. 8/03/12  
Linnie Kidd 12/08/12  
Brenda Shannon 12/28/12*



## FREA Travel

Arline Ziller  
954-781-4445

FREA Travel Specialist  
954-290-9237

arlinez@juno.com



**\*PRAGUE TO PARIS, 2013** 12-Day Central European Experience. Features include Paris, Paris- Metz, Remich, Trier, Bernkastel, Cohem, Rhine Gorge, Rudesheim, Miltenberg, Wurzburg, Bamberg, Prague. I have a brochure on-line & am looking forward to being with you on this great land and river tour. "He who hesitates is..." RESERVE COLLETTEVACATIONS.COM

**\*NEW YORK CITY** 5 days includes 2 Broadway shows, New Amsterdam private tour and extras. Contact me & go on-line [www.collettevacations.com](http://www.collettevacations.com).

**\*NATIONAL PARKS of AMERICA**,; many dates are available.

**\*ISRAEL** two unpublished tours, a Biblical Journey & Pilgrimage to the Holy Land each 9-days; Go online and contact me. Follow through today don't wait for tomorrow. . . . !!

Remember our teachers and support them while enjoying the special travel.

*Arline*

## From the Treasurer

Marelise LeClerc  
954-962-7343 Flsun1@comcast.net



As we approach our Annual Scholarship Luncheon, I would like to remind everyone that the auction segment of the Luncheon is the single largest collection for our scholarship fund for the year. Last year we collected over \$500 which helped to support over half of one of our scholarships. We want to continually build our capacity and scholarship program. In order to do so, we do need your help! Bring your \$5, \$10, and \$20 bills to the luncheon to buy tickets for the auction. It will be fun - and meaningful.

Many thanks to those of you who donated your luncheon cost to the scholarship fund even though you will not be able to attend the luncheon. It all helps as we look to our main goal of sponsoring students in their quest to become teachers!

Marelise

### Scholarship Donations

Donor	In Memory Of
Kathlyn Barno	Virginia Dewar
Darcy Drago	Robert Schmid
Susan Lochrie	Donald Fry
Pat and Don Roberts	Robert Schmid
Nancy Ruiz	Harold Phares

### Undesignated Donations

Evelyn Lewis	Carol Roland
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### BCREA Officers....

<b>President</b> Margarite Falconer 954-524-2938	<b>President-Elect</b> Diane Texter 954-472-8032
<b>Secretary</b> Josephine Walker 954-742-2430	<b>Treasurer</b> Marelise LeClerc 954-962-7343



## Cultural Affairs / FREF

Chairman: Carol Roland  
954-472-2389 CAROLRBEADS@aol.com



Thanks to **Margarite** for passing out theater tickets and to **Anne French** for selling the FREF Extravaganza tickets at the January meeting.

In last month's Newsletter there was an error in the time for *Capital Steps*. The correct time is 2 PM.

Show dates and times are:

- Damn Yankees* - January 24, 2013, 2:00 PM.
- Agatha Christie* - February 2, 8:00PM
- Capital Steps* - March 2, 2:00 PM

### FREF Extravaganza Tickets - Only \$10.00

Buy your tickets now for a Chance to WIN:

- Grand Prize I PAD III (\$700)
- 1st Place Kindle Fire (\$200)
- 2nd Place Kindle Fire (\$200)
- 3rd Place \$200 Cash
- 4th Place \$100. Cash

Donations are used to provide scholarships for students planning to major in education. Buy Tickets at the next meeting or contact me for tickets.

Carol

### Literacy

Chairman: Sandy Lefkowitz  
954-473-9480 Slef123@bellsouth.net



Our book drive has been amazingly successful! Thanks to all of you who donated books at the January meeting. I carried four cartons of books to my car! Special recognition goes to the **Student Council of Nob Hill Elementary School**, who organized a school-wide book drive and collected 700 books in the month of December!

**Kids in Distress** is thrilled to have the books that we have collected but now I need a way to transport them to the facility in Wilton Manors.

They will accept the books at any time. They have now filled my garage so I'd like to take them to the kids at the end of January or in

February. Does anyone have access to a small truck (possibly a pick-up truck) who would be willing to transport the books?

The Literacy Committee encourages you to reach out to a friend or a local business. Not only are we asking for gently-used or new children's books, but we are asking for the opportunity to create readers. Books open the doors to the future and have the power to change lives. Let's continue our drive - "Literacy Tools: Putting Books in the Hands of Children," and let's make a difference.

Thank you, **Sandy**

**BCREA VOLUNTEER REPORTING FORM**

Name \_\_\_\_\_  
(Please Print)

Month \_\_\_\_\_, 20\_\_\_\_

**Volunteer hours working with adults** \_\_\_\_\_  
(persons who are non-family members;  
this also includes literacy hours)

**Volunteer hours working with youth** \_\_\_\_\_  
(Persons 25 years of age or younger;  
This also includes literacy hours)

**GRAND TOTAL:** \_\_\_\_\_

Bring this to our next meeting, e-mail it to me at  
[dardra@att.net](mailto:dardra@att.net) or mail it to me at:

**Darcia Drago**  
4346 Carambola Circle North  
Coconut Creek, FL 33066

**Scholarship Luncheon Ticket Order Form**

Number of tickets: \_\_\_\_\_ @ \$25.00 each  
Extra Donation for Scholarships? \_\_\_\_\_

Entrée choices: **Prime Rib of Beef**  
**Chicken Francais**  
**Broiled Salmon**

Name	Entrée Choice
_____	_____
_____	_____
_____	_____

Send a check made out to BCREA  
Include a Self-addressed, stamped envelope

to  
**Diane Texter**  
742 NW 69 Terr.  
Margate, FL 33063

*Bev's Bytes...* As always, Chaplin Fran-

ces Smoot had a meaningful "Thought for the Day" to open the January meeting. It was suggested that I put it in the *Newsletter* - and so I have! Look on page 6 for "A Prayer For the New Year." Visiting at the meeting was **Mary Anne Hughes**, a



retired media specialist who now lives on her family farm in Hickory Grove, TN. She's pictured between 2 of her good friends **Anne French** and **Gloria Marshall**. It's never easy outliving your child, so we extend our deepest sympathy to **Ruby Huff** in the loss of her daughter **Brenda Shannon**. Ruby,

a member of our Birthday Club, will be 97 on her birthday this month and hasn't been an active member in the past few years. Lots of members apparently were still enjoying holiday travel as we had only 58 in attendance. In the Scholarship



Raffle **Adelia Jones** won \$20; **Barbara Morningstar** won \$10; and I, **Bev Hoppe** won \$10. **Nancy Ruiz** and **Carr Grigg** won the piggy banks! There



were no flower arrangements this time as our resident florist **Carol Roland** was still in NC. And that's the last byte for February!

The cost of the BCREA Newsletter is underwritten by:



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**A Prayer For The New Year  
"Edgar A. Guest"**

Grant me the strength from day to day  
To bear what burdens come my way.  
Grant me throughout this bright New Year  
More to endure and less to fear.  
Help me live that I may be  
From spite and petty malice free.

Let me not bitterly complain  
When cherished hopes of mine prove vain,  
Or spoil with deeds of hate and rage  
Some fair tomorrow's spotless page.  
Lord, as the days shall come and go  
In courage let me stronger grow.

Let me with patience stand and wait,  
A friend to all who find my gate,  
Keep me from envy and from scorn;  
As shines the sun with every morn  
On great and low, so let me give  
My love to all who round me live.

Lord, as the New Year dawns today  
Help me to put my faults away.  
Let me be big in little things;  
Grant me the joy which friendship brings.  
Keep me from selfishness and spite;  
Let me be wise in what is right.

A happy New Year! Grant that I  
May bring no tear to any eye.  
When this New Year in time shall end  
Let it be said I've played the friend,  
Have lived and loved and labored here,  
And made of it a happy year.



Seen  
at  
the  
January  
Meeting



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