April, 2016

Broward County Retired Educators' Association

http://browardrea.org

Number 253

Super Carol Calmly Comes to the Rescue!

Never assume BCREA members lack flexibility and creativity! President-Elect and Program Chairman Carol Roland discovered on Wednesday that the person who was to have presented the program about identity theft was unable to attend Thursday's meeting due to health issues. Carol, who has been serving on the Grand Jury this year, was the perfect substitute to discuss identity theft (IT) since some of the cases which had come before the Jury dealt with the increasing number



phone - and stolen identities. Into the breach went Super Carol! She was so impressive in her presentation that several comments were heard of scams - both Internet and that suggested it might be

didn't show up!!" Carol began figure out. DON'T share by asking how many members your passwords with anyone. had been victims of IT. At least half the 72 in attendance raised their hands. Miami is the #1 city in identity theft, with 35,914 reported - far ahead of #2 NYC with 23,297! Tampa is # 6 at 9,805. So how should you protect yourself to keep never click on a link unless from becoming a victim? According to Carol, the best way is to protect your personal information. Online, use passwords with a minimum of 8 letters and numbers along with 1 or more

better if scheduled speakers symbols, which are harder to Sadly, most IT comes from relatives and friends. Don't use dates, pet names or your children's names. Change your passwords often and don't use the same one for multiple sites. Delete emails from unfamiliar names and you know absolutely who sent it. Watch out for phone scams too! Remember! The IRS does NOT make phone calls demanding payment! Don't fall for the lottery-

Continued on page 3

April 7 Meeting

Time: 11:45

Place: Deicke Auditorium

Address: 5701 Cypress Road

Plantation

(1 block off Broward at Royal Palm)

Program: Cynthia Havelock -

French Impressionism







Passover: 4/22-4/30

Bring to meeting:

Items for Humane Society Dish to share Blankies & Pillows Labels for Education Aluminum pull-tabs Coupons for our troops Old eyeglasses & Cell phones Volunteer Hours A New Member Children's Books

Myken Brady Is Volunteer of the Year

By Darcy Drago

Myken Brady has volunteered for the Broward Health Medical Center Auxiliary for the past 7 years. During this time she has amassed over 4,600 hours volunteering in the outpatient center surgery room as well as fundraising for the Chris Evert Children's Hospital and Cancer Infusion Center. Because of her leadership skills, guidelines and procedures were implemented to serve as training for volunteers in these areas. For three years she served as the secretary for the executive board and the board of directors of the

Auxiliary. In addition to her

work at the health center she also tutors and mentors a young learning-disabled Mexican woman who is trying to get her GED. Myken also serves as histo-

rian for BCREA and does a wonderful job with our scrapbook.



AAAAAAAAAAAAAAA

President's Corner

Our members are so talented. Carol Roland was informed the day before the meeting that the speaker couldn't make it. Carol and Anne French got together and came up with a list of multiple-choice geography questions. Each table worked as a team and



we were off and running. When Carol read off the answers many of us were surprised that we didn't have all the answers. Carol then spoke on "IdentityTheft" and gave us many good ideas on how

to protect ourselves.

As we came into the meeting we marked world maps with dots on the favorite places we had traveled. Juli Patten reviewed the many places which included Africa, Fiji, Maritime Provinces,



Morocco, Papua New Guinea, Rock of Gibraltar, Tasmania and Thailand. She called on 3 people to describe their experiences. Louise Costello told a won-



derful story about having visited Chamonix, France in the French Alps. It sounded so ideal that I gave her a telephone call and she told me more about the city and

that she decided to take a train to a small town that she really didn't know. When she got there she found that the town had ceased to be. She got off the train, sat and waited for a train back to Chamonix and listened to the beautiful sound of the ringing of the cow bells on the hills. What an adventure! Educators are such great travelers with so many wonderful stories. We are world travelers! So many connections were made at our meeting. We are planning to continue these activities so we can get to know each other better and make many more connections.

President-Elect's Corner

🚣 March's Golden Moments empha-A sizing members travel experi-L ences, had many members remi-A niscing about the beauties of 🛦 travels to their favorite L places with France being one of



🗼 the most popular. We're going to continue this explo-🗘 ration of the beauties of France in our April meeting 🗘 -- this time through art. We will hear from Cynthia Lavelock from the Nova Art Museum who will dis-👢 cuss how a group of maverick artists (Degas, Manet, Matisse, Monet) promoted new techniques and ideas. Cynthia will show how their new style caused a pro-

> found shock to the French art critics of the 1800's in her lecture: French Impressionism: The Fall of the Art Establishment. Her presentation should be both enlightening and enter-

taining.



Social Committee

Chairman: Sallie Sherwood 954-629-3712 matildatwo@aol.com



Carol

Hopefully, everyone was able to sample several of the delicious foods placed on the March table and that you enjoyed one or two of the "Favorite Ethnic Recipes" which were presented. Next month, the theme will be "Favorite Vegetarian Recipe." I am definitely a meat

eater, so I might have a little trouble coming up with a recipe for this month. If you choose to participate in the "Favorite Recipe" of the month, please see Julia on you way into the room and fill out one of the little cards with your name and description of the food your brought

to share.

Congratulations! There were no unclaimed dishes or utensils that were left behind. However, there were a few remaining food items which were forgotten. Please check the back table to make sure that whatever item you brought into the luncheon was disposed of properly. One more reminder, please bring in an extra bag so that you will be able to cover your leftovers to take home.

Thanks to everyone for all the wonderful array of tasty morsels. Hope to see everyone in April.

Happy Spring from Sallie and your Social Committee.

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HapiHopi@aol.com Page 2

Friendship

Chairman: Julia Penley japen581@aol.com 561-465-2739



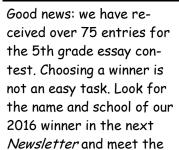
This 50th anniversary year gone by fast!! I don't think anyone can say that it hasn't been an interesting and fun year of remembering and renewing our friendships and been ill or have lost family sharing group events throughout the year. Thanks our new directory with eveto Anne French and her efforts we have had fun recalling our "golden" memories at each meeting. This past meeting we shared some of our personal world travel experiences with the group and then took a short quiz Anne had prepared on what we knew about our beloved country and its various cities, parks, and locations. Each table helped each other with the answers and the group that had the least mistakes won some prizes!! It was a fun and educational experience for everyone!!

Once again I want of our organization has really to thank you all for your help and support with getting birthday cards out to our members 85 and older, and those of our group who have members. Also, thanks to ryone's birthday listed, we have celebrated our attending members birthdays at our monthly meetings with a "Happy Birthday" song to them from everyone! Please keep Doris Emmett and Nancy Ruiz in your thoughts and prayers. Doris is scheduled for surgery soon and Nancy is still recovering from her surgery but has had some setbacks. We hope they will soon be back to good health as we have missed them! Happy Spring

everyone!! Julia

Literacy

Chairman: Sandy Lefkowitz 954-473-9480 Slef123@bellsouth.net



Throughout this year we have collected some exciting children's books to donate to KIDS (Kids in Dis-

winner at our May meeting.

tress). Thanks to all of you who have donated books and promoted literacy. Keep your eyes open and start gathering books for next year. Children can never have too many books to enjoy. Again, the Literacy Committee thanks you for all your help this year. You have encouraged Broward students to read and write.

Sandy

Health & I+PS

Chairman: Kathlyn Barno 954-581-4731 BB9214@aol.com



As we age, one of the things we worry about is preserving our mental faculties. We go to great lengths to do things to keep us mentally healthy - play games, work puzzles, enroll in various courses and do various mental exercises. Here are a few tips from Dr. Leilani Doty, Co-director, University of Florida Memory Disorder Clinic, that appeared in the 2016 March/April issue of Florida Elder Update. Organize your setting and your schedule. Keep things where they belong. Pay bills and file the receipts

where they belong. Stick to a routine daily schedule and a routine way of doing tasks. And as hard as it may be, Get Rid of Clutter!! The fewer objects in your way, the easier it is for you to remember where things are and the fewer steps it will take to do your daily tasks. Most of all, keep a healthy lifestyle to keep your memory healthy.

And now, if you haven't done so, don't forget to pay your income taxes. April 15th is the red letter Kathlyn day.

Community Service

Chairman: Darcia Drago 954-977-7247 dardra@att.net



At our April meeting we will collect supplies for the Florida Humane Society, a no-kill shelter in Pompano Beach. They are in need of the following items:

* canned Pedigree dog or puppy food

- * canned cat food (not in gravy)
 - * clumping cat litter
 - paper towels
 - * 13 gallon garbage bags
 - * laundry detergent

- * Clorox liquid bleach
- * latex gloves
- * Fabuloso cleaner
- copy paper

Many thanks for turning in your volunteer hours and participating in our group projects throughout the year.

Congratulations to Myken Brady, BCREA's nominee for District 10 Volunteer of the Year.

Darcy

Con't from page 1 winner-but-you-have-to-pay-fees! And do NOT be taken in by calls from your "grandchildren" pleading for money and asking you not to tell Mom! Same goes for emails from friends stranded in "Timbuktu!" Senior citizens are targeted more often - 70% of the wealth is controlled by seniors! Hold onto yours!

Website: http://browardrea.org **April**, 2016 Page 3

Membership

954-525-8503

slochrie@bellsouth.net



PAY DUES FOR 2016 - 2017

Dues are \$35 for State FREA Dues and \$15 for local BCREA dues, totaling \$50 per year

You will receive a membership card from the FREA and your name will be on the Broward County Retired Educators' mailing list and listed in the BCREA Directory. The Forida Retired Education Association is a statewide organization, which represents our interests and benefits as retirees to the state Legislature. Website: http://frea.org

Please invite your retired friends to come to the meetings or send me their names and I will send them membership information.

Anyone who brings in 3 NEW members this year will win a \$25 gift certificate. Susan

BROWARD COUNTY RETIRED EDUCATORS ASSOCIATION MEMBERSHIP APPLICATION

Name	Date of Birth
Address	
City	StateZip
Phone	E-Mail
I would prefer to receive my <i>Newsletter</i> by email only	
Date Retired	Retired From
Position	
Dues:\$50.00;	Donation for Scholarships: Total Enclosed:
Please make check payable to BCREA and mail to	





New members Karen Avery and Becky Williams



Passages



Happy Birthday to our Birthday Club (members over 85!) Lee Gallob 4/05 Gwen Thompson 4/10

Thinking

of You....



Doris Emmett Nancy Ruiz

Welcome New Members



Karen Avery Valoria Latson Shirley Pepe Rebecca Williams

Happy 60th Anniversary!



Charles & Martha Pipes



April, 2016 State website: http://frea.org Page 4

Susan Lochrie, BCREA Membership

P.O. Box 30533 Fort Lauderdale, FL 33303 I had the ideal plan to answer all the questions on the geography quiz! I Google everything! I was doing great 'til Anne French noticed what I was doing! "NOT ALLOWED," she bellowed!! Bev's Bytes....



954-587-9275 HapiHopi@aol.com

Charles and Martha Pipes cele-

brated their 60th anniversary on March 11! Congrats!
The 14 members who went on the Murder Mystery Train trip in January got a nice surprise from Cultural Affairs Chairman **Judy Edwards** - a \$103 refund!

Hospitality Co-Chairman Pat Schroeder reported 72 attendees at the March meeting. Winners in the Scholarship Raffle were Alexandra Zalis, \$20: Lea Seymore $$10 \times 2!$







Anne French, \$10, Darcy Drago, Ellie Kelleher and Kathlyn Barno won the









potted plants contributed by **Carol Roland**! See all the photos on Shutter-fly! Happy Passover!

Happy Spring!

Bev

BCREA VOLUNTEER REPORTING FORM

Name ______(Please Print)

Month ______, 201_____

Volunteer hours working with adults ______ (persons who are non-family members; this also includes literacy hours)

Volunteer hours working with youth _____

(Persons 25 years of age or younger; This also includes literacy hours)

Bring this to our next meeting, e-mail it to me at <u>dardra@att.net</u> or mail it to me at:

Darcia Drago 4346 Carambola Circle North Coconut Creek, FL 33066

Past-President and Nominating Committee Chairman **Diane Texter** announced the slate for the upcoming Club year:

President Echo Heyer

President-Elect Carol Roland

Secretary Josephine Walker

Treasurer Marelise LeClerc

Voting will take place at the April meeting.

The cost of the BCREA Newsletter is underwritten by:



954-486-2728 • Online at BSCU.org

Serving Broward Educators Since 1946

April, 2016 President: Echo Heyer 954-523-0661 echohey@bellsouth.net Page 5

BCREA NEWSLETTER
Published 8 times a year, September – April by the
BROWARD COUNTY RETIRED EDUCATORS ASSOCIATION
1040 SW 52 Avenue
Plantation, FL 33317

NON PROFIT ORG U.S. POSTAGE PAID FORT LAUDERDALE, FL PERMIT NO. 409

- DATED MATERIAL -PLEASE DO NOT DELAY



From the Treasurer

Marelise LeClerc
954-962-7343 Flsun1@comcast.net

As Thank you, BCREA members, for your continued generosity. As you pay your dues, please add a little something for the scholarship fund.

Our members never cease to

amaze me with what they give! Educators are the most generous people there are! We would like to recognize the following people for their benevolence:

Marelise

Scholarship Donations

Donor In Memory Of
Diane & Gilbert Livingston Maria McNamara
Milton Brantferger Bill Kaelin
Tom & Harriett Drilling Mildred Peterson

Undesignated Donations

LuAnn Comes JoAnn Corder Eleanor Gaston
Marge Gregg Lillian Hearns Lizzie Johnson
Shirley Pepe Mary Perfect Joe Reddick
Mary Taylor Theodora Williams