

Guru Nerissa & Holiday Exposé Share December Meeting



to the Guru" Nerissa Street. "Teaching is one of the most

acrobatic of professions."

They must be flexible enough to deal with the ever changing scenes. Teachers are community leaders and classrooms are the community. "Overwhelmed by traumatic school-based events, 'active killer' training, and everchanging high-stakes testing, public school teachers may feel stepping into a classroom is a life-altering decision. It's certainly an emotional one." Zoom is a new kind of community.

She emphasized the idea that sionally and academically teachers must first take care trained in Theatre, Digital of themselves in order to be useful to their students.

"Teachers who are cared for benefit the world," she proclaimed.

When conducting her workshop, "High Touch to High Tech," she has a list of guestions for participants:

1. Who are you (and who am I?)

2. Why are you here?

3. What do you need from this meeting?

4. What is self care as it relates to service?

According 5. How do we apply it? 6. What will you do after "Possibility this meeting?

She took both verbal answers as well as "chat" responses to some of these from participants. She ended with the following 4 questions for members to ponder as part of their own self-help:



Nerissa has been profes-Media, Business, and Adult Education. She was named the 2017 Broward County Arts Teacher of the Year in Theatre, and a 2017 Broward Woman of Distinction. She is the author of her own book.

"31 Days of Yes." And she is currently a full time Interactive Communications teacher at South Broward High School. A fun fact — she also loves mangoes!



Beginning with Sandy Lefkowitz's explanation of Hanukah, members learned about each of the 4 holidays we will into a brand new and better be celebrating this month.

Next, Karen Avery told the Christmas story followed by Lillian Small who discussed Kwanzaa: Carol Roland finished with New Year's which will hopefully lead us year than 2020 has been.

The Drive-By is Coming! The Drive-By is Coming! -- Pick up your 20-21 Handbook -- Turn in your Bakeless Bake Sale Donation--Drop off Birthday, Get-Well and Sympathy Cards for Marsy --Drop off pop tops and service hour reports for Darcy -Place and time TBA!



President's Corner

2020! PAST TENSE. GONE!! Joined the ranks of the yesteryears. It has GONE and taken with it many trials, tribulations; heartaches, pains, suffering, grief, despair, tainted memories. That's how we will remember most of it. GOODBYE 2020. Though it takes with it a myriad



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of unrelenting harsh realities, much of which we would love to forget, the truth that remains is, we are the sum total of all our life experiences. It cannot be erased.

The year has left indelible markings on our collective memories. Each of our lives will inevitably be shaped in some manner to reflect all of which we experienced through our days in 2020. Many of our future references and perspectives on life itself will have some of the remnants of this past year. Can it be that through it all, there were some joyful and happy moments? Some reasons to smile? Some lessons learned? Some blessings - even.

Thinking back, we can be thankful that the orderly universe stepped in a few years ahead of 2020 and ushered in a Technological Age with just the perfect fittings we needed to endure. Church and its related events could be attended, clubs and organizations were accessible, visiting friends and family as well as shopping and dining with CDC advice, all in our echnological slant called the "new norm." Somewhere in this conglomerate of things to do, we found our reasons for joy and happiness, adding some of our own "cabin fever" release activities. My special release was a ride to the beach for the sunrise.

As December arrived we were still "in the woods" but could celebrate our holidays with gladness for having survived. Yes, we were all blessed to be alive



to enjoy and spread joy. So, it is a great joy to WELCOME 2021!! We look forward to new grace and mercies for the next 365 days. HAPPY NEW YEAR TO ALL!

Lillian

From the President-Elect.

Who knew that I would be happy to no longer have "2020 vision" if you know what I mean! My 2021 new year's wish is for the respect for educators and public schools to return so that



we may continue our important work for children and families with fidelity.

We thank Nerissa Street for her engaging presentation "From High Touch to High Tech: Making Room for Yourself and Your Service in a World Full of Screens" at our December 3 Zoom meeting, In our teacher world with the importance of relationship-building, Nerissa provided us with a plethora of personal pointers for giving ourselves grace and space in our current remote learning environment. You can find her on LinkedIn, Facebook, Twitter, Instagram and her new podcast "10,000 women 10,000 stages" on listen.notes.com



See you again on January 7th when we welcome back Kerry Ann Brown our gal from the GAL Program (Guardian Ad Litem Broward-17th Judicial). Happy New Year! Sue

Community Services / Handbooks

Chairman: Darcia Drago 954-977-7247 dardra@att.net

Volunteer Service

Happy New Year everyone! Wishing you all health & happiness in the coming year. Hopefully 2021 will be better in every way than 2020 was. Please make a New Year's resolution to send in your community service hours to me. Handbook /Directory The handbook/directories

Broward County Retired Educators' Association bership Handbook 2020-2021

are ready for pickup. Details about the distribution schedule will be forthcoming soon.

Pickup will be combined with our "Bakeless Bake Sale"

fundraiser.

Darcy

January, 2021

President: Lillian Small

954-288-9211

Information Services Chairman: Sallie Sherwood 954-629-3712 matildatwo@aol.com



Finally!!

Goodbye to 2020 and hello to 2021! Last year was certainly full of surprises, stress and uncertainty. Now, it is time to begin a successful transition into a new year. New Year's Resolution time is here again! If you didn't accomplish items on your last year's "to do list," now is the time. The sooner you can complete the undone tasks of 2020, the sooner you will have a favorable passage into the hopefully brighter and healthier New Year. Hopefully, the incoming year will be filled with positive and successful practices to make our lives a little easier with less stress. Begin the year by setting your procrastination practices on the back burner. Even though we should be trying to embrace technology (Hello Zoom), it would also be nice to send a handwritten birthday card, a thank-you note or even a letter to someone. An arti-

cle in Psychology Today states that handwritten notes make both the sender and the recipient feel special. One of the items on your agenda for 2021 is your Income Tax preparation. Remember to be mindful that IRS scams are on the increase during this time. While we will still be practicing safety protocols for a little while longer, continue to find activities that will improve both body and spirit. Check with local libraries, cites, park or universities for activities that you can join remotely or with social distancing. When next we meet, it will be national "I'm Not Going to Take It Anymore Day" shared with "National Bobblehead Day," both days seem very fitting at this time! Welcome to 2021 and Happy New Year to everyone.

Stay fit, stay sharp, stay safe and send positive thoughts to others.

Sallie





Happy Birthday to our Birthday Club (members over 85!)

Beverly Merrill 1/03 Norma Van Buskirk 1/23



Thinking of You

Mary Bedard Echo Heyer Thelma Lewis Martha Pipes

From the Treasurer Marelise LeClerc 954-962-7343 Flsun1@comcast.net



A special thanks to all our charitable donors, especially during this difficult time we are experiencing with Covid 19. As with everything around us, our Scholarship Fund is much less this year. Our membership is down because of the virus, which means fewer people donating. In addition, because we are not having face-to-face meetings, we aren't collecting any monies for scholarships. That is why we are hoping that you will be kind in giving a little, as you pick up your directory in the near future. Cash is fine. Please put your name on the envelope so you can be recognized for your generosity. Kudos to the following recent donors:

Marelíse



January, 2021

Website: http://browardrea.org

Page 3

954-472-2389 CAROLRBEADS@aol.com



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Welcome New Member

Membership...

Chairman: Susan Lochrie 954-525-8503 or slochrie@bellsouth.net

REACH OUT TO FRIENDS AND TELL THEM ABOUT BCREA

The mission of Broward County Retired Educators Association is the same even if we can't meet in person. We continue to have interesting topics at our monthly meetings by Zoom. We continue to have a Newsletter and a BCREA website which keeps us up to date. We continue to raise funds for college scholarships for future teachers. We continue to volunteer where and when we can. We continue to have Legislative Committee members who keep a watch on State Legislation that affects our pensions as retirees. We continue our affiliation with Florida Retired Educators Association. To tell others about joining BCREA please share the BCREA website: browardrea.org or contact me at slochrie@bellsouth.net, Phone: 954-5258503. I'll send information to their home address.



MEMBER SPOTLIGHT

Doris Emmett sends a BIG HELLO to BCREA members. Doris was BCREA President in 1997-99 and she was Treasurer for over ten years. She retired from Ft. Lauderdale High School as a Business Education teacher. Doris now lives at a retirement community in Pompano Beach in the independent living area. Many of the social aspects of her life have been curtailed and we can identify with that feeling. We hope that within the next year, with most people getting a vaccine, we will see our social lives return.

Bev's Bytes.....

We had 42 in attendance at the December Zoom meting - a new high number! This included **Nina Hansen** who lives in Arizona and **Julia Penley** who's in Colorado. It was nice to see **Rosetta Watkins**. Charles



Webster, Jill Wilson, and finally Frances Smoot who's been trying unsuccessfully to log on to the 2 previous meetings!

Congratulations to **Toni Merton** who turns 99 on December 20!

From Telephone Committee Chairman Suzanne Atkin -"Mary Bedard lives in Texas but maintains her membership. Her husband has Parkinson's and its been hard on her. Echo Heyer has been having problems with her vision. Thelma Lewis has a sick husband and has requested masks for her 8 grandkids. Martha Pipes' daughter had a stroke last year, and she is taking care of her. That's all for now."

Anne French reports that she has received 40 Extravaganza tickets to sell. Coupon is below! And even better news, Anne herself was one of last year's Extravaganza winners! She won 2nd place and received \$300!

Нарру 2021!



FREF Scholarship Extravaganza Tickets - Only \$10.00

Buy your tickets now for 2 Chances to win:

First, you will be in the District drawing for a \$100 winner in Broward, Dade or Palm Beach.

Second, you will have a chance to win:

\$500 Cash - 1st Prize

\$300 Cash - 2nd Prize

\$200 Cash - 3rd Prize

Fill out the form below and send with a check to:

Anne French 1017 NE 28 Drive

Wilton Manors, Fl. 33334

Make your check payable to FREF (Florida Retired Educators Foundation).

Name_____

Street _____

City, State, Zip

Phone _____

Email ____

All donations will be used to fund the general scholarship program as well as the operating expenses of the Foundation.

BCREA VOLUNTEER REPORTING FORM

Name _____

(Please Print)

Month ______, 20_____

Volunteer hours working with adults ______ (persons who are non-family members; this also includes literacy hours)

Volunteer hours working with youth ______ (Persons 25 years of age or younger; This also includes literacy hours)

Bring this to our next meeting, e-mail it to me at <u>dardra@att.net</u> or mail it to me at: <u>Darcia Drago</u> <u>4346 Carambola Circle North</u> <u>Coconut Creek, FL 33066</u>

Literacy

Chairman: Sandy Lefkowitz 954-473-9480 Slef123@bellsouth.net



Our new best friend is ZOOM. I have to thank Lillian Small for facing the COVID challenge and adapting our meetings so we are still able to gather and enjoy each other's company. This has been a challenging year and I know we all look forward to January 2022. Yes, I hope by 2022 we will be back to normal: collecting children's books, encouraging 5th graders to write an essay, and reading to preschoolers.

As we begin 2021, let's take time to enjoy memories and give thanks for friends and good health. Be sure to pamper yourself: read a good book, feast on a favorite food, tackle a new recipe, enjoy a movie with homemade popcorn, smile and laugh. I've come across a phrase that may become my motto for the new year. It goes like this:

"I am going to start cleaning the house. And by cleaning, I mean reading a great book and spraying everything with Febreeze."

Happy New Year to You,

Sandy



BCREA NEWSLETTER Published 8 times a year, September – April by the BROWARD COUNTY RETIRED EDUCATORS ASSOCIATION 1040 SW 52 Avenue Plantation, FL 33317

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